



/ 14 pts.

Unit 4 “School Days: Healthy and Simple”

Name: _____

Date: _____

Learning Outcome: To identify general and specific information about a chef top ten. (QA 09)
(Una fotografía de la guía resuelta debe ser enviada antes del 27 de noviembre por medio de whatsapp al contacto +56962605080)

I. Read the text carefully and choose a, b or c. What does she describe? (2 pts)

Lee el texto cuidadosamente y escoge a, b o c. ¿Qué es lo que ella describe?

- a) her restaurant
- b) her typical meals
- c) her favorite recipe

Meet Miranda Jacks Scotland's top teen chef

I'm a chef so people often ask me about the food that I eat. I like food that's healthy, and simple to make.

Breakfast is very important. I always have orange juice and an egg on toast. I don't eat any cereal because I don't like milk.

For lunch I make a sandwich. This is my favourite sandwich: take two slices of bread and put some mayonnaise on one. Cut some cold chicken. Then add some lettuce and a tomato. Tomatoes are brilliant. They've got a lot of vitamin A and C. They protect your skin and they're good for your eyes and immune system. Delicious!

In the evening, I usually cook for my mum and dad. We don't eat fish because my dad doesn't like it, but we sometimes have meat. We all like pasta – a lot of pasta. It gives you energy and it's great with a salad. Try a spinach, avocado and parmesan cheese salad! It's easy to make and good for your body and your brain.





II. Write a T if the sentence is TRUE or an F if the sentence is FALSE. (2 Pts)

Escribe una T si la oración es VERDADERA o una F si la oración es FALSA.

1. _____ Miranda likes junk food.
2. _____ She has a sandwich for lunch.
3. _____ She likes tomatoes.
4. _____ Her mum cooks dinner.
5. _____ They eat a lot of fish.
6. _____ In her house, pasta isn't popular.